

Think “Pharmacy First”!

Herefordshire and Worcestershire NHS Community pharmacies

In a national poll earlier this year 75% of people said they wanted to see pharmacies offering more healthcare services such as treating sore throats and urinary tract infections, and now they are! Government and the NHS have backed pharmacists to provide a new NHS ‘Pharmacy First’ service to give people more choice about their healthcare.

Open long hours when other health care professionals are unavailable pharmacies are helpful to all people who may live in towns or the more rural parts of Herefordshire and Worcestershire.

The NHS **Pharmacy First** service allows pharmacists to provide advice and where appropriate, supply NHS medicines for the following conditions:

- Earache (aged 1 to 17 years)
- Impetigo (aged 1 year and over)
- Infected insect bites (aged 1 year and over)
- Shingles (aged 18 years and over)
- Sinusitis (aged 12 years and over)
- Sore throats (aged 5 years and over)
- Urinary tract infections (UTIs) in women (aged 16 to 64 years)

If you have symptoms that suggest you may have one of these conditions, you can walk into a pharmacy and be offered a consultation with a pharmacist in a private consultation room.

If you have symptoms that suggest you have one of the above conditions, why not give the Pharmacy First service a try?

Watch the animation on **Pharmacy First** here

How do I find a pharmacy for these new services?

To find a pharmacy convenient for you including if you would like to have a free **Blood pressure check** (for people over 40 years - it’s important to Know your Numbers!) or **Contraception services** please use this link or ask in any pharmacy:

<https://www.nhs.uk/nhs-services/prescriptions-and-pharmacies/>

